



ABOUT COOL SPA

Discover the new spa destination, Cool Spa at Sri panwa Hotel, Phuket. Immerse your mind, body and spirit in an extraordinary sensory experience totally secluded within the rainforest high above the Andaman Sea overlooking Phuket's Archipelago.

Reflecting its ocean location, the azure blue Cool spa draws creative inspiration from traditional Sino-Portuguese design, bringing the sights and sounds of the sea indoors.

Cool Spa offers six extremely spacious waterfall treatment rooms, a private salon, a floating yoga deck and a juice bar set within the water gardens serving a light nutritional spa cuisine. Enjoy complimentary use of our nature inspired facilities including the plunge pools, vitality pools, Asian rainforest pavilions, and the steam room cove.

Step into your own slice of heaven with our spacious and utterly private treatment rooms, each with a Jacuzzi, private waterfall, iPod playlist, courtyard and a luxurious shower room. Cool Spa's treatment rooms are a soul-soothing and sympathetic blend of modern and luxurious minimalist interior décor built on one of the globe's most beautiful coastlines.

From the Traditional to the Exotic, Cool Spa's treatments are the essential fusion between local ancient healing rituals and modern treatments. Relax and rejuvenate with our full body traditional

Thai, Balinese, Indian and Swedish massages, refreshing herbal exfoliations and soul soothing full body wraps. Our ingredients are based on fresh, local and natural products including mango, coconut, yoghurt and tamarind. Take pleasure in soothing your skin with our scrubs created naturally from fruits, yogurt, honey, teas and oils.

Selections of our products are freshly handpicked from Sri panwa's Herb & Vegetable Garden. Treatments can be enjoyed at Cool Spa's treatment rooms or in the privacy of your own Pool Villa.



HOW TO SPA

ETIQUETTE To ensure that guests can enjoy the peaceful sanctuary of the Spa, we request all visitors to keep noise to a minimum. Cellular phones and electronic devices are discouraged. **RESERVATIONS** Advanced bookings are recommended to secure your preferred date and time of treatment. **ARRIVAL TIME** We recommend arriving 15 minutes prior to your scheduled time to ensure enough time for your consultation, complimentary foot bath and changing / shower time. **LATE ARRIVALS** Scheduled treatments must end on time so that other guests are not delayed. We regret that arriving late may decrease the time of your treatment - Your treatment will last the full duration if no other booking is scheduled after your appointment. **MASSAGE THERAPY & SALON CANCELLATIONS** : Should a cancellation or date change be necessary, we request at least 4 hours notice for any single service to avoid a cancellation fee. Appointments canceled within less than 4 hours will be charged 30% of the price of each confirmed appointment and a 100% charge will be imposed for all 'no shows'. **WHAT TO WEAR** You may wish to wear your own bikini or briefs, however we also provide you with hygienic disposable briefs. Alternatively, treatments may be enjoyed without clothing - our therapists always use draping techniques to respect your privacy. **PERSONAL PREFERENCES** We definitely encourage a personal touch. It is your time and you should enjoy the experience to the fullest. Whether it is the room temperature, music volume or massage pressure, your therapist will be happy to adjust to suit your needs. **SPECIAL CONSIDERATIONS** If you have high blood pressure, heart conditions, allergies, are pregnant or have any other medical conditions, we recommend to consult your doctors before signing up for any spa services. Please make your spa therapist aware of any medical conditions you may have.



WHAT IF I AM PREGNANT? Please inform our receptionists if you are pregnant, so that we may offer advice on the treatments that are safe to enjoy during pregnancy. **SHOULD MEN SHAVE BEFORE THEIR FACIAL TREATMENT?** It is recommended that men shave a few hours before their facial appointments, rather than just before. **WHAT ABOUT MY WATCH, JEWELRY AND VALUABLES?** For personal belongings, a safety deposit box is provided for you in every treatment room. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises. **SMOKING & ALCOHOL SMOKING AND CONSUMPTION OF ALCOHOL WITHIN THE SPA IS PROHIBITED BY LAW.**

COOL FULL BODY MASSAGE

Cool Spa presents the The Cool indulgence featuring a holistic selection of healing and energizing massage therapies for a complete refreshing, spiritual and physical renewal.

SIGNATURE

Full Body Massage 60 min / 90 min

TRADITIONAL THAI 3,300 ++ / 4,300 ++

A full body massage in traditional Thai style. It is an ancient blend of deep tissue massage using pressure points and stretching techniques to release tension, increase vitality and flexibility, creating wholeness in mind, body and spirit.

SRI PANWA SERENITY 3,500 ++ / 4,500 ++

Our most aromatic and relaxing massage. Using a combination of short strokes and aromatherapy into one session, this soothing yet gentle massage transcends the body into a blissful state of positive energy and calmness.

AROMATIC THAI-OIL 3,500 ++ / 4,500 ++

This gentle and rhythmic massage uses essential oils on the medians of the body. Joints and muscles are tended to and stretched to unblock Chakra pathways and encourage good energy flow. Deep rolling and stretching movements lead to an experience that surpasses the ultimate state of relaxation and spiritual renewal.

SOOTHING

Full Body Massage 60 min / 90 min

BALINESE 3,500 ++ / 4,500 ++

The Balinese massage style is one form of traditional Indonesian massage. This massage involves a combination of techniques, including massage with a long stroke and aromatherapy into one session. Often used for relaxation, this type of massage can also help loosen muscles and ease pain.

PRENATAL 3,500 ++ / 4,500 ++

Tailored specifically to the needs of pregnant women and their changing bodies, this gentle therapy relaxes tense muscles, eases sore spots and improves circulation and mobility. Therapists are trained to focus on various sore spots and help expecting mothers cope with discomfort.

SWEDISH 3,500 ++ / 4,500 ++

Swedish massage is exceptionally beneficial for relaxing the entire body by increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility. Kneading and gliding strokes helps to ease the body of muscular tension.

HEAVENLY BLISS 5,300 ++ / 6,800 ++

A massage performed by two therapists working together in unison. This massage combines traditional Thai, Swedish and Balinese massage techniques in a very relaxing manner to which promote pure pleasure in your mind.

PRESSURE POINT 30 min / 40 min

STRETCHING 1,800 ++ / 2,500 ++

To promote flexibility, decrease muscle soreness and reduce stress through the use of active stretching movements.

60 min / 90 min

INDIAN HEAD 3,300 ++ / 4,300 ++

Based on the principle of Ayurveda, this soothing yet energizing exotic head massage combines pressure point techniques to relieve tension and awaken vital energy channels. Ideal for neck and shoulder tension, it will revitalize the mind and can help to relieve chronic headaches and sinus problems.

Full Body Massage 60 min / 90 min

DEEP RELAX 3,500 ++ / 4,500 ++

A highly invigorating form of deep tissue massages therapy that focuses on realigning deeper layers of the muscles, organs and connective tissues. It is especially helpful for chronically tensed and contracted areas such as a stiff neck, back tightness, sore shoulder and tender pain.

SRI PANWA SPORT 3,500 ++ / 4,500 ++

An oil massage focused on stimulating blood circulation while alleviating muscle tension and warming the body. This massage uses a blend of essential oils perfect for curing sport or stress related injuries.

WARMING

Full Body Massage

90 min

THAI HERBAL HEALER

4,500 ++

An ancient healing form of restorative therapy which helps to sooth, relax and detoxify. Offering two treatments in one; a warm compress of natural Thai herbs is applied to the body to open pores and eliminate toxins whilst saturating the skin with delicious nutrients such as galangal, kefir lime, lemongrass and followed by a relaxing deep tissue massage to ease all muscular tension.

SABAI HOT STONE THERAPY

5,000 ++

Passed down from our ancestors, the Hot Stone Therapy aligns warm, smooth basaltic rocks on the body's energy centers known as chakras to penetrate deep into muscle tissues to re-balance the body's natural energy flow. Warm essential oils are massaged through the rest of the body to ease muscle tension and create a state of deep mental relaxation.

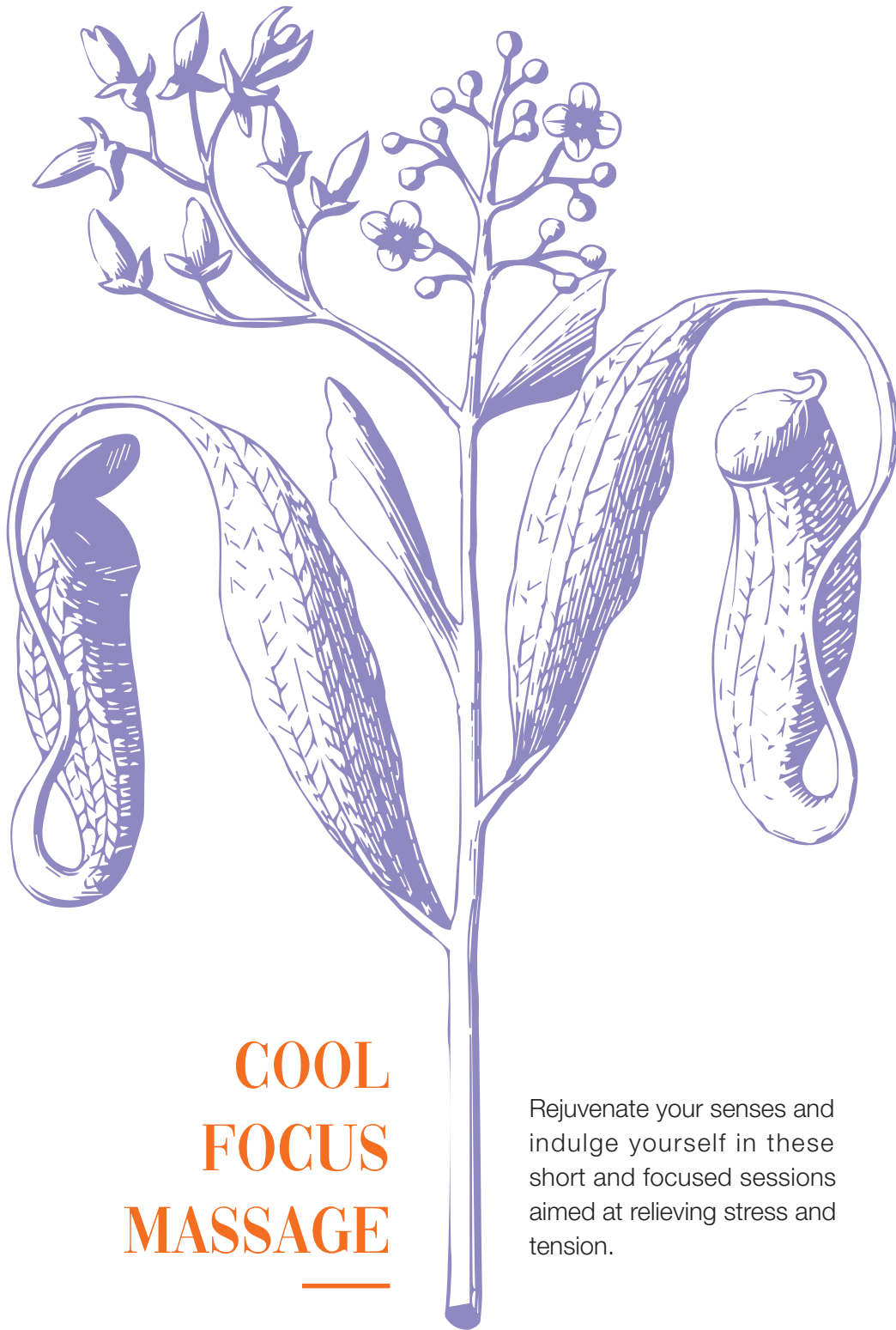
SALT CLAY POT

4,500 ++

"The Herbal Salt Pot" is a combination of oil massage and hot compress using a heated a clay pot as a herbal stone. The clay pot containing a mixture of natural salts and herbs, this traditional form of rejuvenating treatments helps reduce muscle tension as well as helping to stimulate the flow of blood around the body. Known for its therapeutic, this treatment is known to be an ideal treatment for new mothers in the postnatal period.

To enhance your spa experience, please arrive 15 minutes before your appointment for changing, showering and your complimentary foot bath. Prices are in Thai Baht and subject to 10% service charge and applicable 7% government tax, 20% additional charge for villa service.





COOL FOCUS MASSAGE

Rejuvenate your senses and indulge yourself in these short and focused sessions aimed at relieving stress and tension.

30
MIN

1	TENSION RELIEF	
	30 min	1,800++

A quick relaxing and soothing massage designed to relieve stress and muscle tension. This massage provides instant relief as it increases circulation and is ideal for someone who spends a lot of time at a desk.

2	AROMATHERAPY FOOT	
	30 min	1,800++

Adapted from reflexology that focuses on specific reflex points in the feet that correspond with specific internal organs in order to aid the travel of energy throughout the body.

3	AROMATHERAPY BACK	
	30 min	1,800++

A highly soothing treatment for promoting general well-being and relaxation. Naturally scented oils are applied to the upper body to relieve muscle tension and stiffness in the back area.

60
MIN

1	HEAD, BACK & SHOULDER	
	60 min	3,200++

The healing starts on the back and neck working deeply over the muscles and pressure points that help the upper body to relax. Revive the energy channels and clear away any built-up tension and pains for a soothing and relaxing finish.

2	FOOT REFLEXOLOGY	
	60 min	3,200++

An ancient natural therapy known to promote the body's own healing powers through massaging and applying pressure on the foot's reflex zones that correspond to certain areas of the body. Reflexology restores a healthy balance by releasing stress and tension and by strengthening the immune system.

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COOL BODY POLISHES

45 min / 60 min

2,300 ++ / 3,000 ++

SIGNATURE

NATURAL SWEET MANGO DELIGHT

For all skin types

This exfoliating and rejuvenating freshly-made scrub combines the meat of sweet ripe mango, natural yoghurt and local mint containing high vitamin A, B & C. It nourishes the skin and is packed with minerals and anti-oxidants. These qualities make the complexion fair and the skin soft & bright, all while having a nice mint aroma.

MANGO WITH STICKY RICE

For all skin types

Gentle grains of sticky rice are combined with pure white sesame seeds to provide a soothing exfoliation that will leave you absolutely nourished. Rich coconut milk combats dehydration and stimulates blood flow when applied with Eastern techniques of deep flowing movements. The perfect treat for your never-ending Summer.

NATURAL PRODUCT

TAMARIND

For normal skin types

Tamarind has qualities that act as a whitening agent and the natural AHA is ideal for purifying and brightening the skin. Dead skin cells are polished away to leave skin feeling soft and radiant.

HONEY SESAME

For normal / dry skin types

Enjoy the sweet aroma of golden honey and White & Black sesame seeds. Sesame seeds gently exfoliate your skin while honey, an ancient secret to healing and scar tissue softening moisturizes and encourages new cell growth.

COCO BUTTER

For dry skin types

A gentle exfoliation for delicate skin, using fine coconut flakes to remove dead skin cells leaving it soft and smooth, unveiling a glowing complexion.

CUCUMBER

For dry skin types / After Sun

Relax to the soothing aroma of refreshing Cucumber and Aloe Vera while your skin is nourished and moisturized to relieve stressed and sun kissed skin.

INSTANT PRODUCT

RELIEVING GINGER

For normal skin types / Anti-Cellulite

A sumptuous blend of ginger roots and minerals to combat cellulite, allowing the skin to soak up all the goodness from this powerful herb.

SALT RADIANCE

For oily skin types / Deep cleansing

A rock salt cleanser treats the skin to rich minerals such as magnesium & potassium. Soothing the skin leaving it radiant and rejuvenated.

FIRMING COFFEE

For all skin types / Detoxifying

Made from locally grown Thai coffee and natural volcanic pumice; this original recipe provides stimulation and refreshment for the whole body.

ANTI-OXIDANT GREEN TEA

For all skin types / Anti-Oxidant

Pure Green Tea polish not only removes dead skin cells and increases circulation, but it also encourages regeneration, leaving skin super smooth and young.

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COOLING WRAPS



45 min / 60 min

2,300 ++ / 3,000 ++

BODY WRAP

Body wraps are used to tone, hydrate, contour and detoxify the body. They also help to reduce cellulite and assist with weight loss. Your chosen mask is applied to the entire body which is then wrapped and cocooned to retain heat, allowing the ingredients to infuse completely into the skin.

SIAM WHITE CLAY

For normal / oily skin types

Thai white clay or Din Sor Porng has long been the natural remedy to skin health passed down from generation to generations. This 'miracle' mud containing gypsum minerals cleanses and balances the skin complexion whilst treating skin disorders and tightens pores. Saturated with Thai herbs to create a therapeutic wrap that works wonders for your skin.

ALOE VERA & HONEY HYDRATING GEL

For dry skin types / After Sun

Sunkissed tired skin benefits from the healing & cooling agents of Aloe Vera & Honey Hydrating. Gel that reduces dryness and irritation. The result is moisturized & harmonized skin textures, perfect as an after-sun treatment.

MILK & YOGURT

For all skin types / Whitening

A yummy yogurt body wrap with a milk-based body mask rich in lactic acids that moisturizes your skin after a full body exfoliation and will leave the skin very smooth, soft and supple.

NEEM BLACK CLAY

For all skin types / Detoxifying

A Black Clay body mask containing fruit extracts and vitamin E used to refresh the skin. It acts as an anti-bacterial and moisturizer, removing dirt from the body and prevents free radicals from forming.

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COOL WATER THERAPY

A Pampering bath set with flower petals and other ingredients, promoting a good night's sleep. The perfect way to complement your complete Cool Spa experience.

30 min	1,500++
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ORIENTAL FOOT BATH *Allow the healing benefits of nature's bounty to detoxify and stimulate your feet.*

THAI HERBAL BODY BATH *As Aromatic Oils intrigue your senses, enjoy a private tea service as the exotic aromas and relaxing floral bath balance your mind, body and spirit.*

MILK BODY BATH *Indulge with pleasure as you immerse yourself in the sweetness of our timeless Honey & Milk Bath.*

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COOL FACIAL TREATMENTS

75^{MIN}

PREMIUM REMEDIES

Cool Spa provides only the purest and effective naturally sourced botanical ingredients to deliver instant and long lasting results. Nourishing plant and marine extracts, as well as essential and natural plant oils are used to create a unique sensory experience whilst giving your skin the nutrients and vitamins it needs to look and feel it's best.

CAVIAR PEALS

For Anti Aging / Brightening 6,800++
Pevonia Myoxy-Caviar provides an unsurpassed professional spa treatment containing the latest innovation in manufacturing Caviar at 100% purity for phenomenal visible anti-aging benefits. Prolong your treatment results with Myoxy-Caviar opulent home-care collection specifically designed for mature skin.

SOOTHING AFTER SUN COMFORT

For Sensitive Skin / After Laser Skin 5,200++
Relieve sun-kissed skin of redness and irritation using Pevonia After-Sun Soothing Gel. A potent compound of Proline and Water Lily extract, combined to soothe, desensitize and gently alleviate your sun-sensitive skin.

TRANQUILITY MASCULINE

For Men / All Skin Type 5,800++
Age gracefully and maintain a competitive edge. Counteract the aging process with this proven-effective advanced treatment specifically formulated for men. Rejuvenating Caviar and repairing Escutox® replenish skin while counteracting aging aggressors. Visibly resurfacing, this mask promotes healthy, youthful-looking skin.

LUMINOUS AS LUMINARIES

Rejuvenation / All skin type 4,800++
Features a potent blend of stabilized vitamin "C" combined with the latest high-tech formulation of natural ocean seaweed. It reduces fine lines, strengthens elasticity, and provides relief for dull, sun-damaged skin. Your complexion resurfaces renewed, firm and extremely smooth with a luminous glow.

LIFT & GLOW

For Normal Skin Type 5,200++
Bring on visible radiance! Proven to perform, this powerhouse repair treatment works deeply and quickly, infusing your face, neck, and décolleté with the best anti-free radicals, the latest generation of repairing peptides and outstanding lightening actives. Look forward to skin that shows a lightening effect and a smoother & visibly brighter complexion!

COOL FACIAL TREATMENTS

60^{MIN}

NATURAL REMEDIES

Freshly made facial products based from handpicked herbs and natural healthy ingredients. Blended just minutes prior to application following traditional recipes to ensure freshness and quality.

SABAI FACIAL TREATMENT

For normal / all 3,200++

Designed to purify and promote beautifully radiant skin using vitamins from natural oatmeal, honey, yoghurt and milk; Sabai facial offers cleansing, toning, exfoliating, masking and moisturizing benefits to enliven your skin leaving it soft and healthy.

CLASSIC FACIAL TREATMENT

For dry Skin types 3,200++

A treatment for dry A sugar scrub is applied to reduce fine lines and remove toxins and dead skin cells. A sweet almond and soya powder mask relieves irritation, softens and strengthens the skin by decreasing wear and tear on tissue proteins. The result is a younger and healthier looking complexion.

ANTI-AGEING FACIAL TREATMENT

For oily skin types 3,200++

A facial using the pure anti-oxidant benefits of grapefruit and egg whites. The mask allows core ingredients to deeply penetrate the skin in order to provide protection against the damaging effects of the environment, leaving your face nourished and revitalized to unveil clean, glowing and radiant skin.

AFTER SUN FACIAL TREATMENT

For After sun 3,200++

A burn relief treatment for sun kissed skin. This treatment begins with the soothing application of natural cucumber and carrot to refresh and soothe sensitive skin.



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COOL HAIR CARE SPA

Our haircuts include a consultation, shampoo, scalp massage, conditioning and blow dry finish. Located on the reception floor of Cool Spa, Cool Salon Spa offers only natural treatments without the use of harsh chemicals.

HAIR CARE BY SHISEIDO

SHAMPOO BLOW DRY

<i>Short Hair</i>	<i>45 min</i>	<i>700++</i>
<i>Long Hair</i>	<i>60 min</i>	<i>900++</i>

HAIR CUT

<i>Short Hair</i>	<i>60 min</i>	<i>900++</i>
<i>Long Hair</i>	<i>90 min</i>	<i>1,200++</i>

HEALTHY HAIR MASK

<i>Short Hair</i>	<i>75 min</i>	<i>1,600++</i>
<i>Long Hair</i>	<i>90 min</i>	<i>2,000++</i>

SHAMPOO & HAIR SET

<i>Short Hair</i>	<i>60 min</i>	<i>1,500++</i>
<i>Long Hair</i>	<i>90 min</i>	<i>1,700++</i>

SPLENDOR FOR YOUR CEREMONY

BRIDAL

<i>Short Hair</i>	<i>90 min</i>	<i>3,000++</i>
<i>Long Hair</i>	<i>120 min</i>	<i>4,500++</i>

GROOM

<i>60 min</i>	<i>1,800++</i>
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COOL NAIL SPA

NAIL LACQUER FOR PROFESSIONAL SALONS

Cool Salon's specialty manicure & pedicure cleanses, trims, files and shapes the nails as you like. Sit back and relax while our manicurist perfects your nails with a glowing polish (Colored or French Classic Style). Irresistible nails always complete the look.

FOR HER

<i>Ladies Manicure</i>	<i>60 min</i>	<i>1,100++</i>
<i>Ladies Pedicure</i>	<i>60 min</i>	<i>1,500++</i>
<i>Ladies Manicure & Pedicure Set</i>	<i>120 min</i>	<i>2,300++</i>
<i>French Manicure</i>	<i>60 min</i>	<i>1,400++</i>
<i>French Pedicure</i>	<i>60 min</i>	<i>1,700++</i>
<i>French Manicure & Pedicure Set</i>	<i>120 min</i>	<i>2,800++</i>
<i>Gel Manicure</i>	<i>60 min</i>	<i>2,100++</i>
<i>Gel Pedicure</i>	<i>60 min</i>	<i>2,300++</i>
<i>Gel Manicure & Pedicure Set</i>	<i>90 min</i>	<i>3,900++</i>

FOR HIM

<i>Gentleman's Manicure</i>	<i>45 min</i>	<i>1,000++</i>
<i>Gentleman's Pedicure</i>	<i>60 min</i>	<i>1,200++</i>
<i>Gentleman's Manicure & Pedicure Set</i>	<i>90 min</i>	<i>2,000++</i>

EXPRESS

<i>Nail Manicure re-polish</i>	<i>30 min</i>	<i>600++</i>
<i>Nail Pedicure re-polish</i>	<i>30 min</i>	<i>600++</i>
<i>Nail French Manicure re-polish</i>	<i>30 min</i>	<i>1,000++</i>
<i>Nail French Pedicure re-polish</i>	<i>30 min</i>	<i>1,000++</i>
<i>Express Manicure</i>	<i>30 min</i>	<i>900++</i>
<i>Express Pedicure</i>	<i>30 min</i>	<i>1,100++</i>
<i>Nail Gel Manicure re-polish</i>	<i>45 min</i>	<i>1,500++</i>
<i>Nail Gel Pedicure re-polish</i>	<i>45 min</i>	<i>1,500++</i>

Note: includes a salt radian scrub plus a hand or foot massage with a moisturizing lotion.

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COOL DEPILATORY WAXING SPA

Ready for Leisure: Waxing is performed with a natural, gentle honey sugar wax applied by our skillful specialists.



LADIES WAXING

<i>Eyebrow Shaping</i>	<i>15 min</i>	<i>280++</i>
<i>Brows</i>	<i>30 min</i>	<i>600++</i>
<i>Underarm</i>	<i>30 min</i>	<i>950++</i>
<i>Full Arm</i>	<i>30 min</i>	<i>1,500++</i>
<i>Half Legs</i>	<i>30 min</i>	<i>1,950++</i>
<i>Full Legs</i>	<i>60 min</i>	<i>2,250++</i>
<i>Full Bikini</i>	<i>60 min</i>	<i>2,200++</i>
<i>Full Brazilian</i>	<i>90 min</i>	<i>2,700++</i>

MEN'S WAXING

<i>Beard Trim</i>	<i>30 min</i>	<i>550++</i>
<i>Brows</i>	<i>30 min</i>	<i>600++</i>
<i>Exclusive Shave</i>	<i>30 min</i>	<i>650++</i>
<i>Stomach</i>	<i>30 min</i>	<i>800++</i>
<i>Full Face</i>	<i>45 min</i>	<i>1,500++</i>
<i>Chest</i>	<i>60 min</i>	<i>1,950++</i>
<i>Back</i>	<i>60 min</i>	<i>2,300++</i>

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SPA PACKAGES

A selection of our most popular and recommended treatments, chosen to Reflect the best of what Cool Spa has to offer and to demonstrate a wide variety of our available services.

1	BODY & MIND	
	2 hours	5,200++

- Floral Foot Bath
- Traditional Thai massage 90 min
- Thai Herbal "Prakob" 30 min
- Refreshment

2	SWEET SURRENDER	
	2 hours	5,200++

- Floral Foot Bath
- Sweet Mango Delight Body Scrub 30 min
- Milk body Bath 30 min
- Choice of Balinese Massage or Aromatic Thai-Oil Massage 60 min
- Refreshment

3	HERBAL SENSATION	
	2.5 hours	6,800++

- Floral Foot Bath
- Neem Black Clay Body Wrap 30 min
- Deep Relax Massage 60 min
- Sabai Facial Treatment 60 min
- Refreshment

4	THAI HERBAL SUPREME	
	2.5 hours	6,800++

- Floral Foot Bath
- Tom Yam Herbal Body Scrub 30 min
- Herbal Body Bath 30 mins
- Thai Herbal Healer Massage 90 min
- Refreshment

5	BODY PAMPERING	
	3 hours	7,500++

- Floral Foot Bath
- Choice of Body Scrub Treatment 30 mins
- Choice of Body wrap 30 mins
- Choice of Sri panwa Serenity Massage or Sri panwa Sports Massage 60 mins
- Choice of Natural Facial Treatment 60 mins
- Refreshment

6	3 DAYS SPA	
	6 hours	15,500++

- Day 1
Choice of Body Polish & Glow 60 min
Swedish Massage 60 min
- Day 2
Choice of Body Wrap 60 min
Sports Massage 60 min
- Day 3
Indian Head Massage 60 min
Sabai Facial Treatment 60 min

To enhance your spa experience, please arrive 15 minutes before your appointment for changing, showering and your complimentary foot bath. Prices are in Thai Baht and subject to 10% service charge and applicable 7% government tax, 20% additional charge for villa service.

COUPLES PACKAGES

Share an experience to rest, relax and rejuvenate with someone you love. Cool Spa recommends the following treatments for couples, all of which are delivered in unison by two therapists.

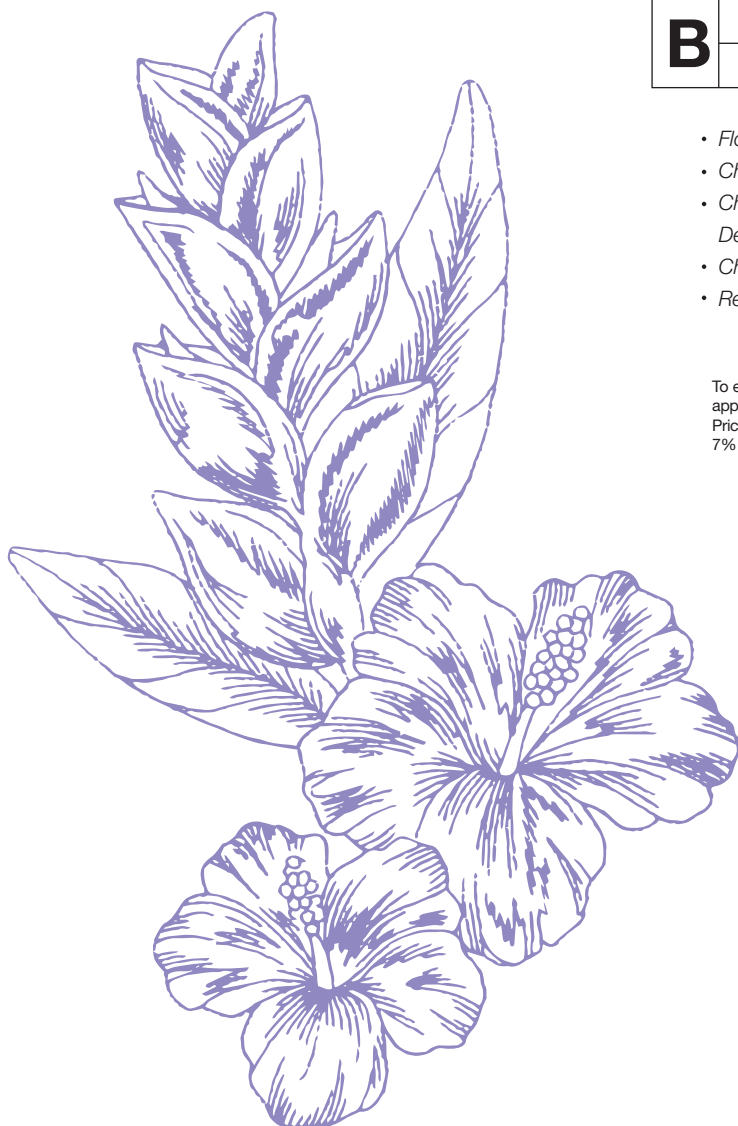
A	ME & MY VALENTINE	
	2.5 hours	13,000++

- *Floral Foot Bath*
- *Choice of Body Polish & Glow 30 min*
- *Choice of Balinese Massage or Swedish Massage 60 min*
- *Choice of Natural Facial Treatment 60 min*
- *Refreshment*

B	HOME SWEET TOGETHER	
	2.5 hours	13,000++

- *Floral Foot Bath*
- *Choice of Body Wrap 30 min*
- *Choice of Sri panwa Serenity Massage or Deep Relax Massage 60 mins*
- *Choice of Natural Facial Treatment 60 min*
- *Refreshment*

To enhance your spa experience, please arrive 15 minutes before your appointment for changing, showering and your complimentary foot bath. Prices are in Thai Baht and subject to 10% service charge and applicable 7% government tax, 20% additional charge for villa service.



GENTLEMAN PACKAGES

1	DEFINITIVE INDULGENCE	
	2.45 hours	8,888 ++

The ultimate luxurious escape for your mind, body, and skin, rejuvenating the whole body through soothing, relaxing and rebalancing treatments.

- *Floral Foot Bath*
- *Signature Body Scrub 30 min*
- *Full Body Massage 60 min*
- *Lift & Glow Facial 75 min*
- *Refreshment*

2	ATHLETE'S RECOVERY	
	2.15 hours	4,880 ++

Pamper yourself and let your body and soul recover and rejuvenate with healing and soothing treatment package ideal for someone looking to deviate from their usual fitness regime.

- *Floral Foot Bath*
- *Energizer / Sports Massage 90 min*
- *Pedicure 45 min*
- *Refreshment*



FULL DAY SPA PACKAGES

1	4 hours 15 min	
	10,200++	17,800++

COOL THAI JOURNEY SPA PACKAGE

Indulge yourself with a spa journey; discover the journey that delivers you the ultimate in pampering, relaxation, healing and rejuvenation. Here is spa experiences that balance your total being.

- *Yoga Therapy at Cool Spa Deck 60 min*
- *Floral Foot Bath*
- *Siam White Clay Body Wrap 45 min*
- *Herbal Body Bath 30 mins*
- *Traditional Thai Massage 90 min*
- *Thai Herbal "Prakob" 30 min*
- *Light Snack at Cool Spa*

2	4 hours 45 min	
	11,200++	19,800++

COOL RE-ENERGIZING SPA PACKAGE

Rejuvenate and refresh yourself with this specially designed re-energizing programmed. Be prepared to surrender your mind, body & soul to our experienced treatment which will soothe away the negative aura.

- *Fitness Assessment & Personal Training 60 min*
- *Floral Foot Bath*
- *Firming Coffee Scrub 30 min*
- *Foot Reflexology Massage 45 min*
- *Sri panwa Sport Massage 90 min*
- *Classic Facial 60 min*
- *Light Snack at Cool Spa*

To enhance your spa experience, please arrive 15 minutes before your appointment for changing, showering and your complimentary foot bath. Prices are in Thai Baht and subject to 10% service charge and applicable 7% government tax, 20% additional charge for villa service.



FULL DAY SPA PACKAGES

LADY

3	4 hours 50 min
	10,800++

COOL LADY ESSENCE SPA PACKAGE

Surrender to a day of head-to-toe with a series of therapeutic and relaxing spa ritual that will leave you feeling like royalty ahead of your wonderful day

- *Floral Foot Bath*
- *Choice of Polish & Glow or Body Wrap 30 min*
- *Milk Body Bath 30 min*
- *Sri panwa Serenity Massage 60 min*
- *Sabai Facial 60 min*
- *Set of Pedicure & Manicure 110 min*
- *Light Snack at Cool Spa*

MAN

4	4 hours 50 min
	10,800++

COOL MAN SPACE RETREAT SPA PACKAGE

A specially full day of pampering with an exclusive, personalized health and beauty regimen which perfectly fits the quintessential man of today and his busy lifestyle.

- *Fitness Assessment & Personal Training 50 min*
- *Sea Salt & Tamarind Foot Bath*
- *Slat Radiance Body Scrub 30 min*
- *Choice of Man Space Massage 60 min*
- *Man Space Facial 60 min*
- *Man Space Set of Pedicure & Manicure 90 min*
- *Light Snack at Cool Spa*

To enhance your spa experience, please arrive 15 minutes before your appointment for changing, showering and your complimentary foot bath. Prices are in Thai Baht and subject to 10% service charge and applicable 7% government tax, 20% additional charge for villa service.

#coolspa
#sripanwa

CONTACT US

Open daily from 10am - 9pm

(last bookings @ 8pm)

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Cool Spa Sri panwa PHUKET